

ENGINEERING, TESTING
ASSESSMENT & CERTIFICATION

COMPANY PROFILE

MD's MESSAGE

For me the dream is always a distant reality, it is with this belief that I have started F&M (Private) Limited, an Inspection Company with the prime objective to provide solutions which addresses clients' needs. In my past experience, I have achieved many milestones and always considered that once a milestone is achieved, there is always another to come.

F&M within a very short span of time has established itself as one of the highly respected company in Pakistan.

We have also signed an agreement and feel extremely honored to partner with Oceaneering International, Inc. to provide a new approach to delivering Asset Integrity Solutions to the Pakistan market. It provides the ability to engage with our customers early in the project life cycle, ensuring integrated project execution and leveraging next generation inspection technology and integrity management capability. Collaborating with Oceaneering, an established and respected global energy services company, is exciting and will increase the competitiveness of both companies in the region.

Apart from the aforementioned credentials, I have served as President of Korangi Association of Trade and Industry

(KATI), the largest Industrial Association of Pakistan, President of Marketing Association of Pakistan (MAP) and have also served as Managing Committee Member of Overseas Investors Chamber of Commerce & Industry (OICCI) which was instrumental in bringing the standardization for business sustainability of our members.

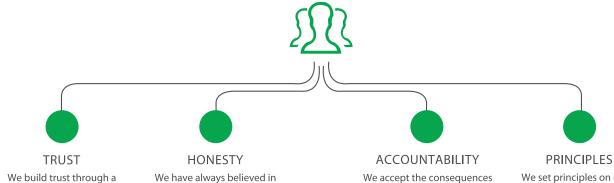
As a founder member of Pakistan-Sri Lanka and Pakistan-Russia business forums, I played a leading role in promoting bilateral trade between the respective countries. In addition to above, being the President of the Swiss Business Council; an association of Swiss Companies in Pakistan, I have led a delegation to Switzerland to showcase the business opportunities in Pakistan, later on, which became a source of new ventures between the Swiss and Pakistan business community.

F&M takes active part in CSR activities. On a social network, I was involved in bringing upliftment for deserving people by serving as the President of Rotary Club.

The journey is never-ending; however, with the support of our valued clients and team members, I am positive that F&M will continue to achieve many deserving milestones of excellence in the years to come and will soon be a prominent Inspection Company of Pakistan.



INTEGRITY



We build trust through a professional and ethical approach. We believe that integrity and trust are the most important and key factors for the success of an organization and its individuals.

We have always believed in honesty for ever lasting relationships. We accept the consequences of our choices and do not blame others for our actions. We set principles on merit basis and not on personal preferences and references.

BRIEF INTRODUCTION

F&M was established with the aim to provide one window solutions for the Industries of Pakistan with respect to international codes and standards, quality and integrity. We are committed and determined to deliver innovative services and solutions that will assist our customers to accomplish their goals.



CIVIL ENGINEERING

With the emerging engineering projects generally and also due to the development of China Pakistan Economic Corridor (CPEC) program particularly, the construction industry is growing.

The construction business traditionally involves design, procurement, execution and maintenance. F&M ensures quality, safety, cost managment and timely delivery which are the key factors for success of any project.



CIVIL SERVICES

In-Service Buildings

- Structure Stability Assessment and Stability Certificate
- · Structure Integrity
- Structural Seismic Analysis
- Structural Analysis through Software
- Laboratory testing including material, concrete, cement, soil, asphalt, aggregate, chemical, water testing etc.
- Drawing review and as-built drawings preparations
- Structure Audit
- Re-strengthening and Retrofitting Techniques

Non-Destructive Testing

- Rebound Hammer Test for concrete surface strength
- Ultrasonic Pulse Velocity to identify homogeneity, cracks etc
- Ferro scanner for rebar scanning
- Bar tracker for rebar identification

Destructive Testing

- Compressive strength of concrete through core recovery.
- Chemical testing includes sulphate, chloride and pH.

On-going Construction

- Project Management
- QA/QC Supervision
- Material Testing
- Laboratory Testing
- Geotechnical Investigation
- · Finishing Supervision
- Construction Supervision
- Road Construction Supervision

Infrastructure

- Structure Assessment
- Jetty Inspection
- Bathymetric Survey
- Underwater
 Videography
- Destructive Testing
- Pile Testing
- Non-Destructive Testing

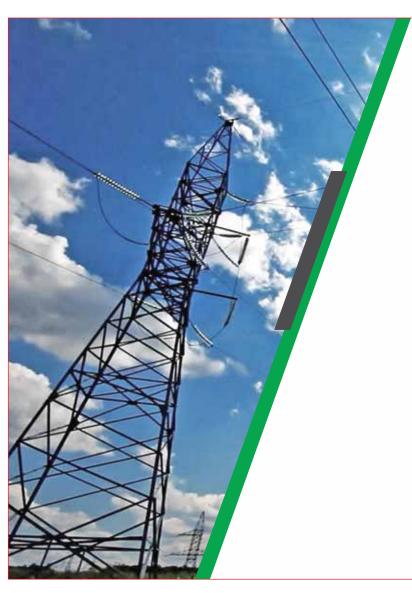


Our expertise in mechanical engineering is exceptionally versatile and this can assist our clients in designing, analyzing, manufacturing and maintaining mechanical systems with conventional and advanced non-destructive testing techniques.



MECHANICAL SERVICES

API Inspections Integrity Assessment of Tanks, Vessels, Pipelines as per API-653, 510 & 570 Risk Based Inspection of Plants etc. as per API-580 Standard with RBI Software. Non-Intrusive Inspections Fitness	Lifting Equipment Inspection Mobile & Hydraulic Cranes Overhead Cranes Mechanical Cranes Chain Block & Hoist Fork Lifters / Stackers Elevators Cargo Lift Passenger Lift Lifting Accessories	Cathodic Protection • ECDA / ICDA • DCVG Survey • CIPS Survey • Soil Resistivity Survey • CP Design • Installation of CP System • CP Audits & Assessment • CP Consultancy • Interference Survey • CP Monitoring • Supply of CP Material	Warehouse Pallet Rack Inspection Inspection of Warehouse Pallet Racks as per Standard Storage Equipment Manufacture Association UK (SEMA) Construction Supervision, QA /QC during installation of New Racks
Non-Destructive Testing Conventional & Advance, MPI/DPT, UTG, UFD, Holiday, DFT, RT, LRUT, TOFD, PAUT, CHIME, CUI, MFL, Eddy Current, PMI etc. Bowser / Tank Lorries Inspection Physical & Visual Checks (Inside / Outside) Operational Checks NDT Testing Hydrostatic Leak Testing		Technical Staff A complete portfolio of recruitment solutions include: Contract recruitment (for providing local & expatriate personnel) Permanent recruitment for short & long Term Multiple Disciplines	
SAFETY & TRAI Safe Operations of Industrial Trucks (Forklift / Stackers) Safe Operation of Cranes Gas Stations / Petrol Pumps Staff Trainings Evaluation / Assessment of Riggers Evaluation / Assessment of Scaffolders Evaluation / Assessment of Crane Operators		NING SERVICES • Evaluation / Assessment of Forklift Operators • Safety Awareness for Supervisors • Scaffolding Inspection & Erection - Basic Level • Scaffolding Inspection & Erection - Advance Level • Rigging & Slinging - Basic Level • Rigging & Slinging - Advance Level	



ELECTRICAL ENGINEERING

We have the expertise in electrical engineering consultancy regarding maintenance, efficiency, and cost-effectiveness.

We provide professional services for planning, designing, assembling and sustaining the power transmission through distribution network. We identify electrical hazards and minimize the risk of accidents like fire due to short-circuiting etc. in compliance with Industry standards and best practices.

ELECTRICAL SERVICES

Transformer Inspections

- Integrity Assessment of Power Transformers as per IEC-60076 & RLA Analysis.
- Integrity assessment of Transformers on the basis of C & DF, Insulation Resistance, Winding Resistance, Transformer Turns Ratio, Partial Discharge Tests

Switchgear Inspection

- Hi-pot Test
- Insulation Strength Test
- Breaker Timing TestDew Point Test
- Contact Resistance Test
- All Testing Done on IEC Standards IEC-62271

Electrical Gap Analysis

- Inspection of Electrical Panels using Thermography Techniques & Survey
- Load Analysis & Losses Identification

Grid Testing & Commissioning

- Grid Installation Design & Supervision Consultancy
- Grid Testing

Project

- Energy Audit
- Building Electrical Integrity
- Project QA/QC
- Project Testing & Inspection
- · Building Electrical Consultancy

LABORATORIES

Our laboratory services are primarily focused on the testing of metal products and building products and are fully based on quality and standards. In general, the tests are performed in order to verify material characteristics, such as tensile strength, compressive strength, bending strength or chemical composition.

Our laboratory services include:

CONSTRUCTION MATERIAL TESTING

When you require the services of Independent and quality laboratory services, we would be the better choice as we solely follow codes and standards and never compromise on the quality.

METAL TESTING

This service covers the mechanical properties, non-destructive testing, corrosion resistance, and chemical composition analysis.



LABORATORY SERVICES

FINE & COARSE AGGREGATE			ASPHALT TESTING
Gradation Analysis of fine & coarse aggregate Soil Classification (Atterberg Limits and Grain Size Distribution) Hydrometer Test Moisture Content Specific Gravity Bulk Density Relative Density Sand Equivalent Test Porosity/Void Ratio Unit weight of fine & coarse aggregate Soil pH, TDS, CL2, SO4, CaCo3 Organic Content Natural Density and Moisture Content Moisture-Density Relations (Standard and Modified) Maximum and Minimum Density (Granular Soils) Crushing Value	 Impact Value Potential Reactivity (Alkali Reaction Test) California Bearing Ratio (CBR) Unconfined Compression Point Load Strength Test Triaxial Shear Direct Shear Consolidation Permeability Los Angeles Abrasion Sodium & Magnesium Sulfate Soundness Clay Lumps and Friable Particles Flat and Elongated Particles Compressive Strength Testing Concrete Cylinders Concrete and Rock Cores Grout Prisms, Grout Cubes and Mortar Cubes Concrete Masonry Units Flexural Strength Testing - Concrete Beams Concrete Beam Shrinkage 		Absorption Density Extraction & Gradation Marshall Stability and Flow Flash Point of Bitumen Penetration Test Ductility Test Specific Gravity of Bitumen CEMENT TESTING Setting Time (Initial & Final) Consistency Fineness Le-Chartelier's Soundness Expansion Compressive Strength of Cement
Geotechnical Investigation • Boring / Drilling Rotary Method Sampling • Shell by Tube / Disturbed / Rock Coring Field Testing • Standard Penetration Test (SPT) • Dynamic Cone Penetration Test (DCPT)	CONCRETE MIX DESIGN Cement Water Aggregates Admixtures	CORING OF CONCRETE & PAVEMENT • Compressive Strength • Extraction of Asphalt	WATER TESTS • Sulphate Content • pH Value • Total Dissolve Solids (TDS) • Total Soluble Salts (TSS) • Carbonate Content • Chloride Content • Organic Content

CERTIFICATION & TRAINING

F&M (Pvt.) Limited delivers a series of powerful skill development programs essential for achieving results in management systems and strategic initiatives. We offer training courses at our office via a monthly public training schedule and for larger groups we also arrange training sessions at client's premises. We develop customized sessions meeting our client's unique needs.

We have a team of experienced corporate trainers and speakers who deliver training courses in the simplest interactive manner which are based on class presentations, mock audits, assignments, role play, examinations etc.

We also offer various health and safety courses which helps to identify the legislation which is applicable to client's business and the steps which are required to meet legal requirements. Additionally, all those who attend the course are able to get exclusive impartial advice from our health and safety expert by email for any further guidance. All training sessions are customized to meet industrial requirement from basic to advanced level with international certification. Duration of training varies from single day to longer period as per requirement.



CERTIFICATION COURSES

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Tra	ın	ina	Cou	rses

- NEBOSH-IGC
- IOSH Managing Safely
- IOSH Working Safely
- HABC Accredited
- · British Safety Council
- RSPH
- CIEH
- OSHA

Awareness & Implementation Training Courses:

- ISO 9001
- Quality Management System
- ISO 14001
- Environment Management System
- ISO 45001
- Occupational Health & Safety Management System
- ISO 22000
- Food Safety Management System
- ISO/IEC 27001 -
 - 11 Information Security Management System
- ISO 50001
- Energy Management System
- ISO 22301
- Business Continuity Management System
- ISO 31000
- Risk Management System
- ISO 20121
- Sustainable Event Management

General Training Courses:

- Quality Management
 System Awareness
- Environmental Management Awareness
- Health & Safety Management System Awareness
- Energy Management System Awareness
- Hazards Identification and Risk Assessment Process
- Environmental Aspects-Impacts
- Food Safety Management Awareness
- Awareness on Local Labor Law

- Social Compliance Requirements Corporate Social Responsibility •
- Integrated Management System
- Certified HSE/Safety Officer
- HSE Essentials
- Incident Investigation / RCA
- Train the Trainer (HSE)
- Internal Auditing Techniques

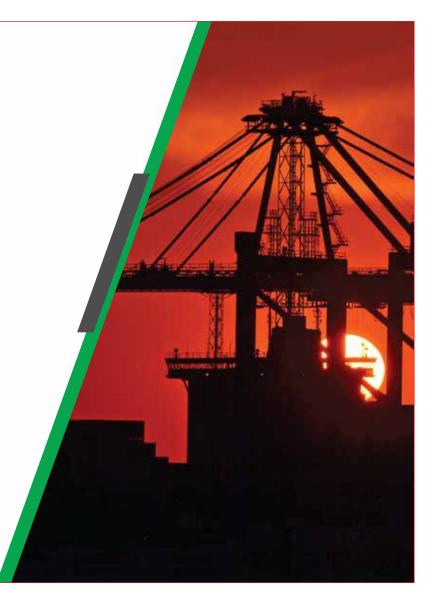
- **HACCP Awareness**
- HALAL AwarenessWorking on Height
- Working on Heigh
 Confined Space
- Emergency Preparedness
- First Aid
- Fire Fighting
- Construction Safety

MARINE & OFFSHORE SERVICES

TYPICAL SERVICES

- Hydrographic Surveys
- Multibeam (Shallow and Deep Water)
- Single Beam
- Side Scan Sonar
- Magnetometer
- Sub-bottom Profiling
- Precision RTK and Static GPS Surveys
- Topographic Surveys

- Boundary Surveys
- Reconnaissance Surveys
- Revetment Surveys
- Beach Surveys
- Wetland and Barrier Island Restoration Surveys
- Reservoir Inspection Surveys
- Dredge Disposal Surveys
- EEZ Surveys
- Nautical Charting Surveys



SUPPLY CHAIN SERVICES

Pre-Shipment Inspection	Post-Shipment Inspection
Vendor Shop Inspection Vendor Surveillance	Quality Assurance / Quality Control Inspection QA/QC during Manufacturing
Used Plants and Equipment Inspections as per regulatory requirements	Loading /Unloading Supervision





We value the goals of our clients, both in the public and private sectors, by providing consultancy and technical supervision and by conforming to international standards in the field of soil and water management solutions. We ensure high quality, effective and professional project execution in the field of water management, soil analysis, design and construction of foundations and Industrial waste management.

We are equipped with broad based technological expertise, domain knowledge and hands on practical skills in the disciplines of ground water exploration and survey, reverse osmosis/water purification plant, environmental studies and consultancy, piling and pile load tests, civil construction and geological exploration in the forms of mapping, petro-graphic analysis and rock and mineral identification.



SOIL, WATER MANAGEMENT AND REVERSE OSMOSIS SERVICES

Reconnaissance Survey:

- · Study the geology and topography of the area
- · Identify potential area for test bore drilling

Geo-physical Survey & Electrical Resistivity Survey

- Identify prospective aquifers
- Determine the vertical and lateral extents of fresh and marginal quality aquifers including the position of buried channels and water table conditions
- Delineate the fresh-saline interface configuration
- · Select prospective test bore locations

Drilling of Water Well / bore and Well Development

PROJECT SERVICES MECHANICAL, CIVIL & ELECTRICAL

Design Review & Design Vetting	Project Construction Supervision	
Project QA/QC Services Mechanical, Civil & Electrical	Project Expediting Services	
Project QHSE Management & Supervision	Project Inspection Services	

TYPICAL ASSET LIFECYCLE OF BUILDING INFRASTRUCTURE

Design Review and Vetting
Due Diligence
Tendering Support
Project Feasibility Study
Land Transactions Management
Geotechnical Engineering
Structural Engineering
Materials Consulting
Quality Control and Planning
Project Management & Monitoring
HSE Studies



Operation & Maintenance Planning
Risk and Safety Assessment
Structure Analysis and Seismic Analysis
Structure Integrity
Material Testing (DT & NDT)
Document Review
As-built Drawing Preparation
Quality Management & Audits
Quality Indicator Monitoring
Forensic Studies
Visual Inspection
Building Technical Control for Insurance Companies
HSE

Budget Controlling Bar Bending Scheduling Planning Piling Work OA/OC Project Management & Monitoring Construction Site Supervision Independent Site Engineer Program Management **Geotechnical Consulting** Seismic Analysis **HSE Management** Contractor's Quality Control Plan Supervision Non-Destructive Testing Construction Material Testing On Site Testing Facility **Technical Assistance During Commissioning**

As-built Document Review



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